

The structure and functions of the musculoskeletal system

“Label You”



UNTAMEDED
EDUCATION

3.1.1 Applied anatomy and physiology

“Label You”

Task Instructions (You will need 20-26* sticky labels per pair)

1. Students are divided into pairs.
2. On the sticky labels provided they should write one bone per sticky label with/without the help of their notes. Set a reasonable time for this.
3. Once that time has finished remove all notes.
4. The second part of the task is to stick the labels onto one person in the pair where the bones are located.
5. The winning pair are the ones with all the labels stuck in the correct place.
6. Finishing pairs are then in charge of checking the labels of the other students in the class.

* includes vertebrae sections

Variations/Extensions

1. Instead of checking other groups, finished pairs write what the bone types are on the labels or label the joints and the possible movements. They can then show the class at the end of the task.
2. For less mess, stick onto diagrams.

The Learning

1. This activity appeals to kinaesthetic learners and wakes the class up.
2. Learning pathways in the brain are reinforced and ingrained between body and mind.
3. Students make real-life connections between the theory and body.